



FAST FACTS

The Guided Care Nursing Course and Certificate in Guided Care Nursing

What is Guided Care?

Guided Care is an interdisciplinary model of health care designed to improve the quality of life and effectiveness of health care for persons with multiple comorbidities. It uses best practices in chronic disease management, case management, self-management, lifestyle modification, caregiver education and support, transitional care, and geriatric evaluation and management. Guided Care Nurses most often work in primary care in partnership with several providers, empowering patients and caregivers and coordinating patient-centered, cost-effective care.

Why should I complete the Guided Care Certificate program?

As a Guided Care Nurse, new career opportunities may be open to you in primary care practices, particularly in settings that implement the “medical home” concept. You may also be interested in the program because you want to learn new skills and be more effective in caring for older adults, particularly those living in the community.

What is the Guided Care Nursing Course and Certificate?

The Institute for Johns Hopkins Nursing (IJHN) provides a six-week online course and examination leading to the American Nurses Credentialing Center's new Certificate in Guided Care Nursing. The course was developed in partnership with the Johns Hopkins Bloomberg School of Public Health, with funding from the John A. Hartford Foundation. The Guided Care Nursing Course features core and elective modules, live webinars and simulations, and expert support from IJHN faculty. It is endorsed by the National Gerontological Nursing Association.

How long will the course take?

The course includes about forty hours of content and learning activities. About twenty hours is core content and is taken sequentially. Five live webinars help you master the skills and competencies in the core content. Another twenty hours of supplemental content and learning activities are also available.

What equipment do I need to take the online course?

You'll need reliable access to a computer with broadband connection and speakers and a telephone. A Windows-based PC should run Windows XP or Vista with a current version of Internet Explorer, Netscape Navigator, or Mozilla Firefox. A Macintosh should run Mac OS X v10.4 and Safari or Mozilla Firefox.

How can I register for the course?

Register on the Institute for Johns Hopkins Nursing (IJHN) website: www.ijhn.jhmi.edu. The course is accessible on several pages including course listings in the Virtual Learning Calendar (click on Calendar in the top right hand corner, and then select Virtual Learning). Click on the course you're interested in, and a new page will open with additional information about the course and a link to register.

How much does it cost for the Certificate in Guided Care Nursing?

Tuition of \$1,900 includes all course materials and activities, the online examination, and the ANCC Certificate in Guided Care Nursing. Group and professional organization discounts are available.

Do the state boards recognize the certificate program?

No. But you will receive contact hours from IJHN upon completion of the course, which can be used to meet re-licensure requirements in some states or for re-certification in many specialties. The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Why can't I register for the exam on ANCC's website? Upon completion of the Guided Care Nursing Course, you will be eligible to take the exam. IJHN will notify ANCC of your eligibility and send you the information you will need to take the exam.

How do I renew the Guided Care Certificate? The certificate can not be renewed. Certificates are recognition of your professional development and achievement of a specific goal. Like a diploma, they are provided once and do not require ongoing demonstration of competencies. *Who can I call for more information on the Guided Care Program?* Call The Institute for Johns Hopkins Nursing: 443-287-4745.

Or email IJHN: guidedcare@son.jhmi.edu

What topics are taught in the online Guided Care Nursing Course?

Core Topics

Unit I. Foundations of Guided Care Nursing

Overview of Guided Care
Patient preferences for care
Motivational Interviewing (MI) for patient self-management
Communicating with physicians and other providers
Triage and Nurse Decision Making
Assisting patients and caregivers with Medicare coverage
Health Information Technology (HIT)

Unit II. Establishing New Patients and Caregivers

Assessing patients' general status
Assessing patients' specific conditions
Interviewing patients' caregivers
Care planning

Unit III. Ongoing Guided Care Ongoing Guided Care

Monitoring and Coaching Community Resources. Supporting
Caregivers Coordinating providers Transitional Care

Unit IV: Conducting Guided Care Integration into Practice

Teamwork Boundaries

Supplemental Topics

Cultural Competence Patient
Education Elder Abuse

Treating chronic diseases in vulnerable adults:

Coronary Artery Disease
Chronic Obstructive Pulmonary
Disease
Delirium
Dementia
Depression
Diabetes
Falls
Heart Failure
Hypertension Osteoarthritis
Osteoporosis
Pain
Urinary Incontinence